

# Environmental Newsletter

April 2009

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## IGAP Update

### Solid Waste Management

We had a meeting with both cities and tribes of Upper and Lower Kalskag. They have decided on where to have our back haul site. Our material for the burn barrel is on its way so as soon as it get's here we'll be hiring someone to design and build it. When the material for the fencing around the landfill gets here we will also be hiring 3 people for that project. We're still collecting elder's garbage and recyclables. Since January we collected about 300lbs of recyclables. KEEP IT UP! Clean up Green Week is at the end of May followed by a picnic on Memorial Day.

### Emergency Responders Team

We had 7 local people trained to be an Emergency Trauma Technician at the beginning of April. Next year will be hosting Emergency Medical Technician training. Aniak Fire Department gave the First Responders Team some supplies to get started. We're also going to have a HAZWOPER Refresher the first week of June.

### Water Quality Research

IGAP has 5 water testing site we'll be doing though out the year. Ophir, mouth of Whitefish Lake, beginning and end of Old River, and the water flow at the first gymuk are our sites that we will be testing.

Quesitons? Comments?

call or email us at 471-2322 and

Billy Jean Stewart [kalskagenvironmental@yahoo.com](mailto:kalskagenvironmental@yahoo.com)

Michelle Samuelson [kalskag\\_igap@yahoo.com](mailto:kalskag_igap@yahoo.com)



# Recycling Contest

*“Take nothing but pictures.*

*Leave nothing but footprints.*

*Kill nothing but time.”*

The Contest began on when we passed out the household recycling bins and it will end on Memorial Day, May 25, 2009. Since then we collected over 400 lbs. of recyclables.

IGAP takes plastics, cans, batteries, light bulbs, and electronics.

## WHO IS IN THE LEAD?

<b>Coach Gardner</b>	25 lbs.
<b>Hetheringtons</b>	16lbs.
<b>Clara Evan</b>	14 lbs.
<b>Oxenia Littlefish</b>	13 lbs.
<b>Bolassa Michealson</b>	11 lbs.
<b>Daren Deacon</b>	10 lbs.

Those are the top 6 out of 25 people who entered the contest so far.

**It's a Small World-Do Your Part!**

**REMINDER:**

We only pick up recyclables when we are picking up elder's garbage. Call us when they are full or drop them off at the Town Hall from Monday thru Friday 9 am to 5pm.

## Elder's Garbage Pick Up

### MAY 2009

### JUNE 2009

Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat
					1	2		1 <b>Pick up</b>	2	3	4	5	6
3	4 <b>Pick up</b>	5	6	7	8	9	7	8 <b>Pick Up</b>	9	10	11	12	13
10	11 <b>Pick Up</b>	12	13	14	15	16	14	15 <b>Pick Up</b>	16	17	18	19	20
17	18 <b>Pick Up</b>	19	20	21	22	23	21	22 <b>Pick Up</b>	23	24	25	26	27
24	25 <b>Closed</b>	26	27	28	29	30	28	29 <b>Pick up</b>	30				
31 <b>Picnic</b>					<b>Clean up Green up</b>								

# ~Earth Day Activities~

Earth Day 2009 falls on April 22: It's a special day to learn about our planet and how to take care of it! Here are some ideas on what to do with your children.

## TIN CAN FLOWER POTS



### **What you will need:**

- Empty Food Cans
- Screw driver or hammer
- Coloring Markers
- Scrap paper magazines, newspaper)
- Elmer's Glue

Clean the can and make sure there are no sharp edges on it.

Turn the can upside down and poke holes on the bottom.

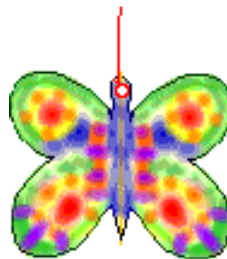
Decorate the sides with whatever you'd like on it.

Now plant whatever you would like to see in it. This is a good way to re-use your food cans.

## Wax Paper Stained Glass Butterflies

### **What you will need:**

- ~Waxed paper
- ~Crayon Shavings
- ~Scissors
- ~An Iron
- ~Hole puncher
- ~Yarn



Fold a piece of waxed paper in two.

Draw half a butterfly with the body at the fold.

Flip the paper over and draw the other half of the butterfly.

Put some crayon shavings on the waxed paper.

Cover the waxed paper with another piece of waxed paper.

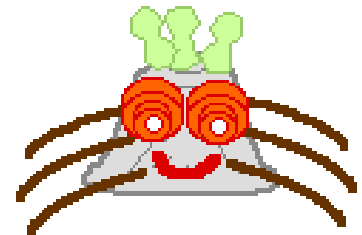
Have an adult iron the two layers of waxed paper together on low heat

Cut out the butterfly.

Punch a hole near the top. Put a string in the hole for hanging it.

This butterfly looks beautiful hanging in a window

## Litter Bugs



### **What you will need:**

- \*Egg Cartons
- \*Glue
- \* Junk, recycling material, twigs, and other found objects, like plastic lids, bottle caps, packing material, etc.

Use a single segment of an egg carton for the litter bug's body.

Use discarded objects to make eyes, mouth, legs, hair, and other body parts. Glue them to the egg carton segment.

**HAVE A HAPPY EARTH DAY!**

# TANF

Denise Reed is hired by AVCP Client Services as the Temporary Assistance for Needy Families Case Manager (TANF). She has job, training, and scholarship applications. For the time being all applications for TANF will be sent directly to the eligibility technician in Bethel who will also handle any requirements needed to be in compliance with the program. After her training in May she will be able to assist clients.

## Work hours

Monday-Friday from 10 am to 5pm

Phone: 471-2398

Email: dr-din@hotmail.com



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# RurAL CAP AmeriCorp



Curtis Paul is hired by RurAL CAP AmeriCorp Program as a Vista Energy Employee which is to last for one year. These are some examples of what he might be doing in our community: exploring the use of alternative energy, hosting energy fairs and educating on conserving energy, taking over the community garden, performing home energy audits, searching for energy grants, distributing energy conservations tips, improve energy efficiency in homes. He will work closely with Tribal Administrator and Council and would like community involvement.

## Work Hours

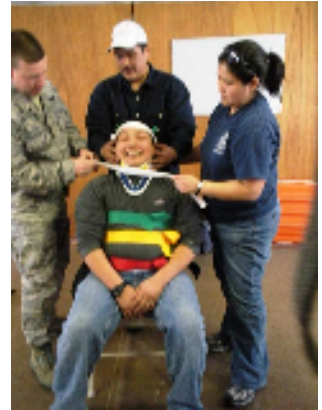
Monday – Friday from 9am to 5 pm

Phone: 471-2207

Email: cpaul.vista@gmail.com

## First Responders

IGAP hosted an Emergency Trauma Technician Training on March 10<sup>th</sup> to the 14<sup>th</sup> with YKHC and Arctic Care. We had 7 local people attend the training and passed both the written and CPR skills tests. IGAP will have training Emergency Medical Technician Training in the summer of 2010 and a HAZWOPER Refresher will be the first week of June. We will keep you updated.



## Back Haul Site

In the last meeting both City of Upper and Lower Kalskag council's selected a site for our backhaul material. It's located behind the Tank Farm. This site will be lined, fenced, and all the liquids will be drained before backhauling. We're going to be working with both cities and tribes to make this work. White goods (refrigerators, freezers, coolers), drums, motorized vehicles (metal boats, outboard motors, snow machines, ATVs, cars, trucks), and used oil are some of the material that we'll possibly collect when this site is ready for the public to use.

## Spring Cleaning Supplies

### Creamy Soft Scrubber

Pour about ½ cup of baking soda into a bowl and add enough liquid detergent to make a texture like frosting. Scoop the mixture onto a sponge and wash the surface. This is the perfect recipe for cleaning bathtub and sinks because it rinses easily and doesn't leave grit.

### Window Cleaner

Put ¼ to ½ teaspoon liquid detergent, 3 tablespoons of vinegar, and 2 cups of water into a spray bottle, shake it up a bit, and use as you would a commercial brand. The soap in this recipe is important. It cuts the wax residue from the commercial brands you might have used in the past.

### Oven Cleaner

Sprinkle water generously over the bottom of the oven, then cover the grime with enough baking soda that the surface is totally white. Sprinkle some more water over the top. Let the mixture set overnight. You can easily wipe up the grease the next morning because the grime will have loosened. When you have cleaned up the worst of the mess, dab a bit of liquid detergent or soap on a sponge, and wash the remaining residue from the oven. If this recipe doesn't work for you it is probably because you didn't use enough baking soda/ or water.

### All-Purpose Spray Cleaner

Combine ½ teaspoon of washing soda, a dab of liquid soap, and 2 cups of hot tap water in a spray bottle and shake until the washing soda has dissolved. Apply and wipe off with a sponge or rag.

### Mold Killer

Straight vinegar reportedly kills 82% of mold. Pour some white distilled vinegar into a spray bottle and spray on the moldy area. If you can put up with the smell, don't rinse and the vinegar will go away in a few hours.

**\*\*\*\*\* Travel Advisory: Kalskag – Aniak Trail\*\*\*\*\***

The ice is dropping in some places breaking away from the banks and bars creating steep drops and even open water leads.

Patches of sand and other dark objects are melting potholes in the ice.

Snow that is hard in the morning is getting soft by afternoon.

Travelers using four wheelers should be especially careful.

Please be alert, cautious, and travel at a safe speed.

Travelers between Kalskag & Aniak need to use extreme caution going into and coming out from the short cut at Moses Vaska's fish camp.

At the Lower End of the short cut, the swift current is eating out a long narrow open lead from the point of the island towards the hill side. This open hole is getting longer each day and some of it can't be seen under the deep snow.

The old main trail goes right to the open water.

Travelers should stay close to the hill side and far away from the island.

Even though it has been cool, the sun is strong and changes are occurring daily along the River.

**Kalskag  
Teen  
Center  
Mini  
Ice Classic**

April 16<sup>th</sup> to the 30<sup>th</sup>  
\$2.00 a guess 3 for  
\$5.00

See Lisa, Denise,  
Or Rose at the  
Tribal Office

Monday  
thru  
Friday

9 am to 5pm

**Come and make your  
guess  
Good Luck!!**

**Happy Spring, good hunting, and safe travel  
From Bethel Search & Rescue**

**Break Up**

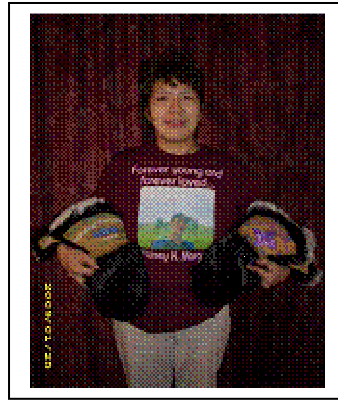
Hydrologist Larry Rundquist says snowfall and the thickness of frozen ice are almost at historical averages in much of the state.

Rundquist says that stretches along the Kuskokwim River in Southwest Alaska could see severe breakup as river ice slowly melts.

While floods cannot be predicted, there is a potential of flooding in any year. What do before break up

- Call your family together and develop an emergency plan.
- Ensure you have a portable battery operated radio and batteries.
- Decide what basic supplies your family requires and stock up.
- Consider having sand bags, plywood, plastic sheeting and lumber on hand to protect your house.
- Prepare an emergency kit.
- Have a full tank of fuel in your vehicle.

# Indian Child Welfare Act Department



Hello everyone, from the ICWA department, it has been a couple months since I last wrote up something for the newsletter.

Another year of spring is here.... The kids are out playing till they think it's time to go home when it gets dark. This would be way past their bed time, especially when they have to get up early enough to eat breakfast and catch the bus by 6:50 AM (for those of you that live up at hillside.)

Parents, Grandparents, Aunts, & Uncles keep up the good job in making sure that your kids make it to school, hang in there, we have about a month and half left of school. Let's continue to work together by helping & supporting each other in times when we need it.

Our kids' education is very important. Continue to praise the kids of their success so they will be encouraged to try harder, complete their tasks without being discouraged & be good role models for the kids of our future. When a child see that by giving/receiving a positive feedback/remark they feel good about them selves. (That's being a good role model) Be nice to people.

**30%** of the time children learn by what they hear  
**70%** learn by what they see

Examples: (mother's you know these famous words)

When there is a time when an adult says to a child, "I thought I 'just' **told** you to etc, etc, etc., 'why' can't you **listen**? (This is an old time favorite!!!)

\*"Don't play in the water (puddles)/ don't get wet" **{that's the 30%}**

Then when an adult involves a child in helping or doing something like for an example: cutting fish, daily chores, traditional activities, etc. The child is more eager to learn more or want to do it again and especially when you make it fun for them. **{That's the 70%}**

The point is:

Let that 30% be of good things for the kids to hear and learn.

\* Don't holler, swear, or talk negative about one another

And the 70% teach them what you want them to learn positively.

If anyone has any questions or need of any assistance I can help with: Guardianship forms, Cultural adoptions, Designation of Custodians, and education on parenting & social skills.

**Work Hours**  
**Monday-Friday 10am to 2pm**  
**Phone: 471-2418**

## CONGRATULATIONS KALSKAG GRIZZLIES!!

As you may know our Kalskag boys basketball team took the State Champion Title this year, with the guidance of Coach Severin Gardener and his Assistance Billy Alexie and David Dorris. It is now time to look forward to the future to keep the efforts of our players alive in and out of the team. With the skills and knowledge of what they know in basketball hopefully will help them in their future plans.

Coach Gardner applied for an application to attend the NABI (Native American Basketball Invitational) tournament in Phoenix Arizona for the State of Alaska All- Star team and was approved. The tournament starts on July 7<sup>th</sup> to the 11<sup>th</sup> this summer. Three of our Kalskag Grizzlies have an opportunity to play with seven other players throughout the state.

It's not that often any of our kids get to compete, show their talent or skills out of state, not to mention from our small community of Kalskag. Help us make this a successful event for our Kalskag Grizzlies! We are asking for your contributions to help us fundraise for their trip.

Here are some ideas that you may provide:

**Gift Certificates, Calling cards, Household items, Cash Prizes, Food for burger/ bake sales, ect.**

Thank you for your support, you may contact Severin Gardener-471-2249/2288, Julia Dorris-2235/2288, Lisa Holmberg-2229/2418, Bernice Hetherington 2333, or Denise Reed-2398/2251

